Good afternoon, CSA members.

We're pleased to announce that TOMATOES have finally arrived! We had our first substantial pick yesterday, so you will find them in your share today. We're hoping for a drier season to fend off diseases, and hope we will have tomatoes for awhile.

Missing lettuce? We had a groundhog (or a whole family!) devour about 500 heads of lettuce in 2 nights. So, we are looking forward to the next planting coming on in the next 10 days or so.

We're happy the weather has cooled off. It's wonderfully pleasant outside today. Hope you're enjoying the cooler temps, too!

Have a great week, Stacey and the PVF West Team

In The Bag

Week 8: July 23, 2013

Greetings locavores! Here's what you will find in the CSA room this week.

Cilantro or Basil

Chard

Shallots or Onions

Celery or Beans

Cucumbers

Hot Peppers or Sweet Peppers

Tomatoes

Cherry Tomatoes

If you have trouble figuring out what you brought home, go ahead and refer to our <u>ID</u> <u>That Veggie</u> section of the website. We try to keep it updated with what's available to you.

Remember, **pick-up is today from 2-7 PM at our farmstand** (located at the corner of John Wolford and Rte. 287 in Purcellville).

If you are going to be late, but would like us to pack you a bag - please call 540-882-3885 between 2 and 7 PM. Do not reply to this message, as I am on the farm and will not receive it.

Shallots are a member of the Allium family along with onions and garlic. Some think they're another variety of onion, but they're actually a species of their own. The originate in Asia, but have become a staple in French cooking. Shallots have a nice, firm texture and flavor that is sweeter, milder than onions with a hint of garlic and apple.

Recipes

If you're looking for recipe ideas, check out our <u>website</u>! Type the vegetable name into the search box. We're constantly adding new goodies as we find them!

Pico de Gallo

Jalapeno Poppers

Stuffed Bell Peppers

Cream of Celery Soup

Braised Celery

Celery Thokku (Indian dish)

Chard Quiche

Cucumber Lime Gin Fizz